



Nutritional information

Cow & Gate Carrot & chicken risotto, Foods 4-6 months

| Composition | Typical values per 100g |
|---------------------|-------------------------|
| Energy | 257kJ / 61kcal |
| Fat | 1.7g |
| of which, saturates | <0.1g |
| Carbohydrate | 7.7g |
| of which, sugars* | 2.4g |
| Fibre | 1.9g |
| Protein | 2.8g |
| Salt* | 0.08g |

*contains naturally occurring sugars and salt only