



## Nutritional information

Cow & Gate, Creamy veggies & cod, Foods 10 months +

Composition	Typical values per 100g	Typical values per 230g <sup>1</sup>
<b>Energy</b>	269kJ / 64kcal	618kJ / 147kcal
<b>Fat</b>	2.0g	4.5g
of which saturates	0.7g	1.7g
<b>Carbohydrate</b>	8.6g	19.8g
of which sugars*	1.5g	3.5g
<b>Fibre</b>	1.4g	3.3g
<b>Protein</b>	2.3g	5.3g
<b>Salt*</b>	0.07g	0.16g

\*Contains naturally occurring sugars and salt only.

<sup>1</sup>provides 1 serving