



Nutritional information

Cow & Gate Egg custard, Foods 6+ months

Composition	Typical values per 100g
Energy	332kJ / 79kcal
Fat	1.3g
of which, saturates	0.7g
Carbohydrate	13.5g
of which, sugars	8g
Fibre	0.8g
Protein	2.8g
Salt*	0.1g

*contains naturally occurring salt