



Preparation & storage

Cow & Gate Follow on Milk, 200ml ready-to-use

Ready-to-use

Approx age of baby	Single feed (ml)	Feeds in 24 hours
6 months*	200ml	5
7-12 months	200ml	3

*Assumes weaning at 6 months. Once weaning is established your baby will need about 1 pint (500-600ml) per day from 6-12 months of age. This information is given as a guide only as every baby is an individual.

Please follow these instructions carefully. Failure to follow instructions may make your baby ill.

1. Wash hands and sterilise all utensils according to manufacturers' instructions.
2. Shake the bottle/carton of Cow & Gate Follow-on Milk before opening. Using the feeding guide, pour the required amount of infant milk into a sterilised feeding bottle.
3. Cow & Gate Follow-on Milk can be given at room temperature, or warmed if desired. If warmed, check temperature of feed.
4. For hygiene reasons, discard unfinished milk in the feeding bottle as soon as possible, and always within 2 hours.
5. Do not heat in a microwave. Hot spots may occur and cause scalding.
6. Infants should be supervised at all times when feeding.
7. Once opened, unused follow-on milk in the 1 litre bottle must be refrigerated immediately and used within 48 hours.
8. Cartons can be resealed by holding down the spout – unused feeds must be refrigerated immediately and used within 24 hours.