

Nutritional Information

Mediterranean Style Fish Bake, with a hint of herbs

From 8 months+

Nutrition Information	
Typical Values per 100g	
Energy	254kJ/ 60kcal
Fat	1.9g
of which, saturates	0.2g
Carbohydrates	7.6g
of which, sugars*	1.8g
Fibre	1.5g
Protein	2.5g
Salt*	0.1g
*Contains naturally occurring sugars and salt.	